



7th Edition

Scaffolded Reference Elements Worksheet

This worksheet will help you create complete APA Style reference list entries. For each reference element (author, date, title, and source), basic information and representative examples are shown. Use this information to identify the reference elements for your own work and enter them in the text box below each table.

For help, see the reference information in Chapter 9 and the reference templates and examples in Chapter 10 of the seventh edition [Concise Guide to APA Style](#) and the [Publication Manual of the American Psychological Association](#). Also see the [reference examples](#) and [reference handouts](#) on the APA Style website. Additional reference examples are found on pages 4 through 6 of this handout.

Author

Types of Authors	Example
Individual author(s): Write the author's last name, followed by first and middle initial(s). Put a comma between the last name and initials. Put a period and space after each initial. Separate each author with a comma. Put an ampersand (&) before the last author's name. Indicate any specialized role in parentheses after the author's name and end with a period.	Bilius-Lolis, E. Schwartz, R. C., & Sweezy, M. Abdel Hadi, S., Mojzisch, A., Parker, S. L., & Häusser, J. A. Schmid, H.-J. (Ed.). Bender, J. (Director), Cuse, C. (Writer), & Lindelof, D. (Writer).
Username: Provide the username, including @ if part of the name. If both a username and a real name are known, put the username in square brackets after the real name. Put a period at the end.	Vogue [@voguemagazine]. James, L. [@KingJames].
Group author: Provide the full name of the group. Put a period after the group name.	Merriam Webster. World Health Organization.

Note. If there is no author, start the reference with the work's title.

Fill in for Your Work

Date

Types of Dates	Example
<p>Year only: Use the year for most works (e.g., journal article, book). Put the year in parentheses. End with a period.</p>	(2024).
<p>Specific date: Use a more specific date (e.g., year and month or year, month, and day) for works published on a regular basis. Write the year, a comma, and the specific date. Write out month names in full. Put the date in parentheses. End with a period.</p>	(2023, April 6). (2022, July).
<p>No date: If there is no date for the work, write "n.d." in parentheses.</p>	(n.d.).

Fill in for Your Work

Title

Types of Titles	Example
<p>Works that stand alone (e.g., book, report, film, social media post, webpage): Italicize the title, and capitalize it using sentence case. For books and reports, enclose any identifying information (e.g., edition, volume, report number) in parentheses after the title. Put a period after, but not before, the parenthetical information. Do not italicize the period or parenthetical information. Add a description of the work in square brackets after the title (before the period) if helpful in identifying it, and place it after any parenthetical information.</p>	<p><i>Entrenchment and the psychology of language learning: How we reorganize and adapt linguistic knowledge.</i></p> <p><i>Practical ethics for psychologists: A positive approach</i> (4th ed.).</p> <p><i>Guide to patient and family engagement: Environmental scan report</i> (Publication no. 12-0042-EF).</p> <p><i>Inside the mind of a master procrastinator</i> Tim Urban [Video].</p>
<p>Works that are part of a greater whole (e.g., journal article, edited book chapter, TV episode): Write the title without italics or quotation marks, and capitalize it using sentence case. For episodes, enclose the season and episode numbers in parentheses after the title. Put a period after, but not before, the parenthetical information. Add a description of the work in square brackets after the title (before the period) if helpful in identifying it, and place it after any parenthetical information.</p>	<p>Experimental evidence for the effects of job demands and job control on physical activity after work.</p> <p>Mindful gratitude in the schools: Building capacity across the tiers.</p> <p>The constant (Season 4, Episode 5) [TV series episode].</p>

Fill in for Your Work

Source

Types of Sources	Example
<p>Works that stand alone (e.g., book, report, film, social media post, webpage): The source is the publisher of the work, database or archive, social media site, or website, plus any DOI or URL.</p>	<p>Imagine Entertainment. Instagram. https://www.instagram.com/p/CGDaLBKpB-/</p>
<p>Works that are part of a greater whole (e.g., journal article, edited book chapter, TV episode): The source is the greater whole (e.g., journal, book, TV show), plus any DOI or URL.</p>	<p><i>Journal of Consulting and Clinical Psychology</i>, 88(5), 445–454. https://doi.org/10.1037/ccp0000494</p> <p>In J. A. J. Smits, M. W. Otto, M. B. Powers, & S. O. Baird (Eds.), <i>The clinician’s guide to anxiety sensitivity treatment and assessment</i> (pp. 179–193). Elsevier Academic Press. https://doi.org/10.1016/B978-0-12-813495-5.00009-7</p>
<p>Periodicals (e.g., journal, magazine, newspaper, blog): Provide the periodical name, volume number, issue number (if present), and page range or article number. Capitalize the title of the periodical using title case, italicize it, and place a comma (not italicized) after it. Italicize the volume number. Put the issue number (not italicized) in parentheses directly after the volume number with no space in between. Put a comma after the closing parenthesis, and then write the page range (or article number). Separate the page numbers by an en dash and follow with a period. If the work is an advance online version, write “Advance online publication” in place of the journal information. Follow with a period. End with any DOI written as a hyperlink in the format: https://doi.org/xxxxx</p>	<p><i>Social Psychology</i>, 51(4), 219–238. https://doi.org/10.1027/1864-9335/a000411</p> <p><i>Journal of Affective Disorders</i>, 273, 265–273. https://doi.org/10.1016/j.jad.2020.03.182</p> <p><i>PLoS ONE</i>, 15(8), Article e0238415. https://doi.org/10.1371/journal.pone.0238415</p> <p><i>Journal of Experimental Psychology: Applied</i>. Advance online publication. https://doi.org/10.1037/xap0000513</p> <p><i>Time</i>, 176(18), 40–50.</p>
<p>Books and reports: Write the publisher name as shown on the work and without italics, followed by a period. Do not include designations of business structure (e.g., Inc., Ltd., LLC). If two or more publishers are listed, include all of them in the order shown, separated by semicolons. When the author is the same as the publisher, omit the publisher from the source. When numerous layers of government agencies are listed on a report, include the name of the parent agency not in the group author name in the source. End with any DOI or URL.</p>	<p>The Guilford Press.</p> <p>Agency for Healthcare Research and Quality. https://www.ahrq.gov/research/findings/final-reports/ptfamilyscan/index.html</p> <p>American Psychological Association; De Gruyter Mouton. https://doi.org/10.1037/15969-000</p>
<p>Edited book chapters: The source is the book of which the chapter is a part. Write the word “In” followed by the initials and surnames (not inverted) of the editor(s), followed by “(Ed.)” for one editor and “(Eds.)” for two or more editors. Then put a comma, the title of the book in italic sentence case, and the page (abbreviated “p.”) or page range (abbreviated “pp.” and separated by an en dash) of the chapter. Follow with a period. End with the publisher name, a period, and any DOI or URL.</p>	<p>In C. Maykel & M. A. Bray (Eds.), <i>Applying psychology in the schools. Promoting mind–body health in schools: Interventions for mental health professionals</i> (pp. 161–172). American Psychological Association. https://doi.org/10.1037/0000157-011</p>
<p>Webpages: Provide the website name in title case without italics. When the author is the same as the website name, omit the website name from the source. End with the URL. In most cases, do not include a retrieval date.</p>	<p>World Health Organization. https://www.who.int/mental_health/evidence/special_initiative_2019_2023/en/</p>

Fill in for Your Work

Your Complete Reference List Entry

Reference Examples

All reference list entries are double-spaced and are formatted with a hanging indent. Section numbers indicate where to find more information and examples in the [Concise Guide to APA Style \(CG\)](#) and the [Publication Manual \(PM\)](#). See the APA Style website for more [reference examples](#), including works not covered here, and the [Quick Reference Guide](#).

Journal Article (CG and PM Section 10.1)

- Cogle, J. R., Mueller, N. E., McDermott, K. A., Wilver, N. L., Carlton, C. N., & Okey, S. A. (2020). Text message safety behavior reduction for social anxiety: A randomized controlled trial. *Journal of Consulting and Clinical Psychology, 88*(5), 445–454. <https://doi.org/10.1037/ccp0000494>
- Eckmann, L., Landwehr, J. R., Högden, F., & Unkelbach, C. (2024). The relative effectiveness of conditioning one or two attributes to a brand. *Journal of Experimental Psychology: Applied*. Advance online publication. <https://doi.org/10.1037/xap0000513>
- Kassie, B. A., Adane, A., Tilahun, Y. T., Kassahun, E. A., Ayele, A. S., & Belew, A. K. (2020). Knowledge and attitude towards COVID-19 and associated factors among health care providers in Northwest Ethiopia. *PLoS ONE, 15*(8), Article e0238415. <https://doi.org/10.1371/journal.pone.0238415>
- Schuling, R., Huijbers, M. J., van Ravesteijn, H., Donders, R., Cillessen, L., Kuyken, W., & Speckens, A. E. M. (2020). Recovery from recurrent depression: Randomized controlled trial of the efficacy of mindfulness-based compassionate living compared with treatment-as-usual on depressive symptoms and its consolidation at longer term follow-up. *Journal of Affective Disorders, 273*, 265–273. <https://doi.org/10.1016/j.jad.2020.03.182>

Print Magazine Article (CG and PM Section 10.1)

- Kluger, J. (2010, November 1). Keeping young minds healthy. *Time, 176*(18), 40–50.

Online Newspaper Article (CG and PM Section 10.1)

- Carey, B. (2019, March 22). Can we get better at forgetting? *The New York Times*. <https://www.nytimes.com/2019/03/22/health/memory-forgetting-psychology.html>

Blog Post (CG and PM Section 10.1)

Morton, S. (2020, January 12). A midlife crisis or a midlife unraveling? *PsychCentral*. <https://psychcentral.com/blog/a-midlife-crisis-or-a-midlife-unraveling/>

Book (CG and PM Section 10.2)

Fowler, M. D. M. (2015). *Guide to the code of ethics for nurses with interpretive statements: Development, interpretation, and application* (2nd ed.). American Nurses Association.

Knapp, S. J., & Fingerhut, R. (2023). *Practical ethics for psychologists: A positive approach* (4th ed.). American Psychological Association. <https://doi.org/10.1037/0000375-000>

Pearson Education. (2022). *Nursing: A concept-based approach to learning* (4th ed., Vol. 1).

Schmid, H.-J. (Ed.). (2017). *Entrenchment and the psychology of language learning: How we reorganize and adapt linguistic knowledge*. American Psychological Association; De Gruyter Mouton. <https://doi.org/10.1037/15969-000>

Schwartz, R. C., & Sweezy, M. (2020). *Internal family systems therapy* (2nd ed.). The Guilford Press.

Edited Book Chapter (CG and PM Section 10.3)

Biliias-Lolis, E. (2020). Mindful gratitude in the schools: Building capacity across the tiers. In C. Maykel & M. A. Bray (Eds.), *Promoting mind–body health in schools: Interventions for mental health professionals* (pp. 161–172). American Psychological Association. <https://doi.org/10.1037/0000157-011>

Otto, M. W., Smits, J. A. J., Fitzgerald, H. E., Powers, M. B., & Baird, S. O. (2019). Anxiety sensitivity and your clinical practice. In J. A. J. Smits, M. W. Otto, M. B. Powers, & S. O. Baird (Eds.), *The clinician’s guide to anxiety sensitivity treatment and assessment* (pp. 179–193). Elsevier Academic Press. <https://doi.org/10.1016/B978-0-12-813495-5.00009-7>

Online Dictionary Entry (CG and PM Section 10.3)

Merriam-Webster. (n.d.). Existential. In *Merriam-Webster.com dictionary*. Retrieved June 15, 2024, from <https://www.merriam-webster.com/dictionary/existential>

Report (CG and PM Section 10.4)

Maurer, M., Dardess, P., Carman, K. L., Frazier, K., & Smeeding, L. (2012). *Guide to patient and family engagement: Environmental scan report* (Publication No. 12-0042-EF). American Institutes for Research, Agency for Healthcare Research and Quality. <https://www.ahrq.gov/research/findings/final-reports/ptfamilyscan/index.html>

Film (CG Section 10.10 and PM Section 10.12)

Zimbalist, J., & Zimbalist, M. (Directors). (2016). *Pele–Birth of a legend* [Film]. Imagine Entertainment; Seine Pictures; Zohar International.

TV Episode (CG Section 10.10 and PM Section 10.12)

Bender, J. (Director), Cuse, C. (Writer), & Lindelof, D. (Writer). (2008, February 28). The constant (Season 4, Episode 5) [TV series episode]. In J. J. Abrams, J. Bender, B. Burk, C. Cuse, & D. Lindelof (Executive Producers), *Lost*. Bad Robot; ABC Signature.

TedTalk on YouTube (CG Section 10.10 and PM Section 10.12)

TED. (2016, April 6). *Inside the mind of a master procrastinator* | Tim Urban [Video]. YouTube. <https://www.youtube.com/watch?v=arj7oStGLkU>

Instagram (CG Section 10.13 and PM Section 10.15)

Vogue [@voguemagazine]. (2020, October 7). *"It has never been easy for Black women to lead in America. Those who have done so have endured great* [Photograph]. Instagram. <https://www.instagram.com/p/CGDaLBKplB-/>

X Post (CG Section 10.13 and PM Section 10.15)

James, L. [@KingJames]. (2024, March 30). *My community means the world to me!! I hope and pray we ALL WIN!!!* 🙏🙏🙏🙏🙏🙏 [Post]. X. <https://x.com/KingJames/status/1774087404787237286>

Webpage (CG Section 10.14 and PM Section 10.16)

Ghebreyesus, T. A. (2019). *The WHO Special Initiative for Mental Health (2019–2023): Universal health coverage for mental health* (WHO/MSD/19.1). World Health Organization. https://www.who.int/mental_health/evidence/special_initiative_2019_2023/en/

International Society for Technology in Education. (n.d.). *ISTE standards for students*. <https://www.iste.org/standards/for-students>

Luterbach, J. [Josh_Luterbach]. (n.d.). *AP psychology–Social psychology*. Quizlet. <https://quizlet.com/192583171/ap-psychology-social-psychology-flash-cards/>

